

CHRISTI VENABLE NCC, LPC

Organizational Leadership &
Culture Change Expert

Award-Winning Business Owner

Licensed Therapist & Mental
Health Advocate

Keynote Speaker





Organizational *Leadership* & Culture Change *Expert*

Helping leaders cultivate a healthy workplace culture designed to increase employee retention & happiness

SMILE Therapy Services *Founder*

Awarded U.S. Small Business Administration's Small Business Person of the Year, Washington D.C.

Speaker

Seasoned workshop facilitator and keynote speaker with a focus on weaving employee wellness into organizational leadership and culture

Bio

Christi Venable is an award-winning Business Owner, Organizational Leadership and Culture Change Expert and Speaker. She's the founder of SMILE Therapy Services, a multi-million dollar business that she managed to build from the ground up. SMILE Therapy Services is committed to providing top-notch mental health services that help **people heal and lead happier lives** through transformative counseling — one person, one spirit, and one smile at a time. In 2020, Christi was awarded the U.S. Small Business Administration's *Small Business Person of the Year* for Washington D.C. As a minority and women-owned company, she's proud to be certified with WBENC, 8a and NMSDC.

Raised in Southeast D.C. by a single mother on welfare, Christi's story reflects resilience, faith and incredible drive. After

earning her professional counselor's license, Christi began working inside middle schools as part of her mission to reduce stigmas on mental health in the minority community. That's when she noticed a widening gap -- **a lack of quality mental health services for those who need it most.** In 2015, she launched SMILE Therapy Services in Washington D.C. with one employee -- herself.

Today, Christi employs more than 28 therapists -- all people of color -- while continuing to serve individuals, school systems and fortune 500 organizations. As **a leadership and culture expert**, she's now helping top leaders improve their culture so they can **increase employee wellness, retention and build a happy workforce.** No matter the industry, you can count on Christi's team to weave in leadership trainings focused on emotional

intelligence, productivity and effective communication.

When Christi hits the stage, your audience will be engaged with her **relatability** and **deep industry knowledge.** She offers strong action steps that will empower and embolden your group to lead more effectively. Christi works with you to tailor the talk so that it's relevant and applicable to your specific audience.

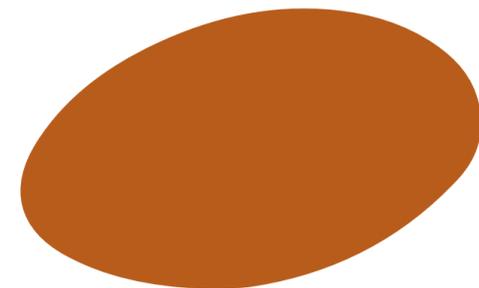
Christi received her undergraduate degree from The Pennsylvania State University and her master's degree from George Washington University.

Educate, Engage, Encourage



"Christi's content, always thoroughly researched and always spot on, is delivered with enormous energy & passion. She has the rare ability to engage her audience, making everyone feel part of the discussion. Christi Venable never disappoints."

**CHRIS & SUE WHITE, FOUNDERS OF KRISAM GROUP
& GLOBAL EVENT PARTNERS**



CHRISTI'S SPEAKING TOPICS

Organizational Leadership: Keeping Your Pulse On *Employee Wellness*

Leaders who lead effectively understand the role of employee wellness inside the workplace. In this engaging talk, you'll learn the not-so-talked-about signs of deteriorating wellness as well as the keys to unlocking a happier and healthier workforce -- through emotional intelligence strategies.

The Impact of *Mental Health* **In Minority And Underserved Communities**

Despite efforts by policy makers, only one-in-three African Americans who need mental health care receives it. From stigmas to distrust of the health care system, discover the barriers and viable solutions regarding access to -- and quality of care for African Americans.

The Pandemic's Impact: *On Socialization*

SMILE Therapy Services continued to serve clients during and after the height of the pandemic. Our team of therapists witnessed a drastic spike in the number of clients who needed mental health services, including parents and organizational leaders. In this talk, attendees will gain a better understanding of COVID-19's impact on the workforce and in society at large. Christi will help your audience learn how to identify emotions experienced throughout the pandemic and the best ways to grow from difficult moments.

[Click here for a full list of Corporate Trainings](#)

Top Organizations That Rely On Christi's *Expertise*



What Audiences Have To Say...

"Christi has excellent stage presence... and has a great balance of providing necessary (and often times serious) information with ensuring audience members are at ease so they feel comfortable sharing with each other.

The safe, professional spaces Christi creates has been such a benefit to our wellness programs and has made our virtual offerings a success during a very trying, stressful year for all."

**CATHERINE MILLER, D.C. GOVERNMENT
CLIENT SUCCESS MANAGER**

"Christi Venable has **great energy on stage, very professional and really knows how to command the room.**

She was able to help the flow go seamlessly, helping to make our event a tremendous success. **I would encourage any event organizer who's thinking of working with Christi Venable to do it."**

CAPTAIN MICHAEL T. JONES, METROPOLITAN POLICE DEPT.

"Christi's content, always thoroughly researched and always spot on, is delivered with enormous energy & passion. She

has the rare ability to engage her audience, making everyone feel part of the discussion.

Because she's so quick on her feet, handling tricky moments with ease, she's an event organizer's dream. Christi Venable never disappoints."

**CHRIS & SUE WHITE,
FOUNDERS OF KRISAM
GROUP & GLOBAL EVENT
PARTNERS**

BOOK CHRISTI TODAY

**Corporate Trainer
Keynote Speaker
Workshop Facilitator
Panelist**



BOOK CHRISTI

Today!

cvenable@smiletherapyservices.com

www.smiletherapyservices.com

240-324-6524

